



AARON MANOR Family Matters

Summer '10
Volume 4 Issue 1

New Resident Interviews

We, at Aaron Manor, want to inform you of a new process that is part of the Medicaid and Medicare reimbursement system in Nursing Homes across the United States. Currently the MDS 2.0 Document has been used to assess all residents in Skilled Nursing Facilities. This assessment puts residents in specific categories per their clinical needs that ultimately determine our reimbursement.

Effective October 2010; the MDS 3.0 will be replacing the MDS 2.0. This new document is much more patient centered and is an important new process in determining residents needs. Part of the process that is different is that the MDS 3.0 will include four distinct 1:1 resident interviews. These interviews include 1) a brief interview for mental status 2) a resident mood interview 3) an interview for daily preferences 4) a pain assessment interview.

Our intent is to give you this information to allow you to gain understanding as to why the questions are being asked and to be able to assist your loved one if they are distressed by any of the questions or the process. We will continue to educate and provide information as questions arise. We will also explain this new process to our Resident Council and at our Comprehensive Care Team Meetings that we see you at. As always our doors are open for your comments and assistance!

WELCOME to AARON MANOR FAMILY MATTERS.

Summer is in the air and we hope you have an opportunity this summer to enjoy a walk around the grounds or an afternoon lounging on our front porch! Please make sure to let us know if there is anything we can do to make your summer here more comfortable!

Thank you,

~ Joseph B. Dilal, III, Administrator

Advance Directives & Health Care Proxy

Few decisions are more personal -- involving both health and death -- than those embodied in an advance health care directive or a living will, or a similar document. Some individuals want their lives prolonged by any means necessary, while others want medical treatments withheld, allowing for a natural death.

An advance health care directive lets caregivers, family, and medical providers know a person's healthcare wishes if he's unable to speak for himself.

The person should consider how he wants to live during a terminal illness, and what his end-of-life preferences are when creating a health care directive or living will.

The person should carefully consider whom he wants to serve as the agent (Health Care Proxy) to make decisions for him and support his choices when creating a health care directive or living will.

Health Care Proxy & Living Will forms can be found on-line or from the Social Work Department at Aaron Manor. Aaron Manor Social Work is able to assist with questions regarding this important document and their completion.

Each person is encouraged to revisit his advance health care directive periodically, as long as he's able to do so. His feelings and choices may evolve as his situation changes -- for example, after he's diagnosed with a serious illness, or as he witnesses others going through the end of life.

It is important for those who are Health Care Proxy's to understand that their role is to speak on behalf of their loved one who is unable to speak for himself. Health Care Proxies are responsible for following through on the wishes of the person who they are agent for. As a Health Care Proxy discuss your loved ones health care goals and wishes with them when you can.

Aaron Manor staff request each resident/ Health Care Proxy discuss their Advance Directive wishes with us so that each resident receives the type of care and interventions they desire.

NYS HCP information and form can be found at:
<http://www.health.state.ny.us/forms/doh-1430.pdf>

Some of the information in this article was found at
www.caring.com

Everyone has a story to tell...

A Look at a Life: Florence Griffith

It was quite befitting that Florence Cornish was born and raised in Elmira New York. Elmira, which is regarded as the "Soaring Capital of America," is also home to The National Soaring Museum of motor-less flight and gliders. From the very beginning helping those in need was all that Florence wanted to do, what she would dedicate her life to and what she will always be remembered for. Like her hometown, Florence would become a woman who would embrace life and soar through all of its adventures.

Recounted memories of Florence's childhood evoke idyllic visions of a bygone era. Norman Rockwell images of the milkman, children playing, holiday gatherings, Sunday school and the crank car that couldn't quite make it up a steep hill. Hers was a youth highlighted by eating winterberries, wild strawberries and playing games like "Get the Wicket" and "Red Light Green Light" under a lamp post on a warm summer evening. What Florence enjoyed doing the most while growing up, however, was to play make believe. She would imagine herself to be a kind nurse, just like the very nurses that healed her when she was so gravely ill in the hospital with pneumonia. Florence would place her favorite dolls in all the bedrooms of the house so she could do her "rounds." Routine check-ups were given, operations were performed and all were made well again. Even her father's detachable stiff white shirt collars would often find new life as a nurse's cap.

Upon her graduation from High School Florence was ready to make her dream to become a nurse a reality. At age seventeen she began her studies at a hospital in Philadelphia. It was an all consuming, six day a week endeavor, with classes during the day and shifts in the hospital at night. Florence would, however, learn her craft well. Graduating in the late 1930's Florence was soon putting her degree to good use while working at the University of Syracuse. Florence also took classes at Columbia University and eventually landed in Binghamton, heading up a medical/surgical floor at the local hospital.

As Florence Nightingale would become famous for treating the wounded on foreign soil during the Crimean War, Florence Cornish would follow a similar path as an army nurse in World War II. After the allied forces landed in France, Florence and the rest of the medical personnel necessary to provide care for the troops soon followed. She vividly remembers working in a makeshift hospital in a cow pasture upon her arrival but was eventually transferred to a field hospital in Liege, Belgium. It was here that she treated

casualties from the infamous Battle of the Bulge, the bloodiest of battles in the European Theater during the war. Florence and the rest of the nurses remained overseas after the conclusion of the war, until the last of the casualties were sent home. Florence, upon returning to the states relocated to Washington D.C. and without missing a beat assumed responsibility for five floors in a hospital there. While in D.C., one of her friends introduced her to a gentleman named Clitius Griffith whom she later married.



Clitius and Florence returned to her hometown of Elmira to begin their life and family together. It was here that their children Joy, Gary and Jan were born and raised. Florence enjoyed making things exciting and different around her. Her children recall memories of going on "breakfast picnics," with eggs in the picnic basket instead of hamburgers. On Christmas day presents are typically placed under the family tree but Florence preferred a different approach. During the annual ritual of cutting down the Griffith family tree, friends and relatives would find gifts on and among the pine trees in the woods.

In 1965 Florence was going to slow down and just teach nursing part time at Arnot Ogden Medical Center. Well, part time became full time and full time eventually became a long time. Although she "officially" retired in 1983, Florence was unable to stay away from her craft for long. She soon returned to nursing and over the years worked with children as well as a hospice for the terminally ill.



Take a moment and meet Florence, a soft spoken woman who has soared through the adventures of life like a glider on the thermals in her hometown.

~ Beverly Snyder, Activity Director

INSIDE AARON MANOR:

Highlighted Employees

Nursing

Stephanie Toomey
Resident Care Technician

Stephanie has been an employee of Aaron Manor since August of 2009. She is a 19 year old sophomore in college. She is currently studying the Science of Nursing at St. Francis University in PA.

Stephanie says that she became interested in a Nursing career after having a curiosity about equipment and care during an experience of family members being hospitalized.

She works for Aaron Manor as a resident care technician during her holiday breaks from school and her summers. At times she has been pulled in many different directions and does whatever is asked of her and she always does it with a smile. She is polite and courteous to everyone she encounters. She says she has a real connection here at Aaron Manor with the residents and staff and that it's really welcoming here. We are very fortunate to have Stephanie with us during her learning steps in her nursing career.

~ Lisa Marie Fetterman, RN,
Director of Nursing

Therapy

Kathy Hickey
Maintenance Therapy Aid

Being a part of the therapy rehabilitation department requires the desire to be a part of a great team.

Every player on the team added together creates the sum of one great department. We are proud to have Kathy as part of our rehabilitation department.

Kathy is recognized for her dedication, hard work, and good work ethic in the maintenance therapy nursing aid program. Kathy has taken on increased responsibilities, has been very flexible when needed, and shows great initiative to learn. Kathy is compassionate when dealing with residents and takes pride in making a difference with their quality of life. We are glad to have Kathy as part of our team!!

~ LaTanya D. Buckner, OTR/L

Clothing Labeling Policy

We at Aaron Manor have worked to make having your clothes and belongings labeled as easy as possible

The Admissions Parlor has "clothing label request" forms and an Armour for clothes to be labeled. Any new items should be brought to this location and a request form completed. Some items (shoes) are difficult to label so feel free to write the resident's name on those.

When bringing items in it is important to remember they will be washed in warm water and put through a dryer.

Concierge Program

Mr. Dilal, the administrator, has created a program designed to track and ensure full satisfaction with our patients' stays on the rehabilitation unit. A department head is given to each new admission on rehab to act as their personal assistant, or "concierge", during their entire stay with us. Daily visits guarantee an opportunity to answer questions promptly, accommodate special requests or just chit chat for a bit. Each patient is also seen on their day of discharge so that their concierge may complete an Exit Interview with them. Through your feedback via these interviews, we can continually improve our processes in all departments, and thus, enhance all aspects of our patient care.

~Korin Reynolds

Home Cooking Done Right!

SUMMER TIME HOT SAUCE!

64oz of canned whole tomatoes
4-5 white onions
½ lbs of hot Italian Sausage
½ lbs of hamburger
Italian Mix
Oregano
Salt
Pepper
Red Pepper flakes



This recipe was shared with us by one of our residents: Ursula Gavens. Ursula explained that she used this recipe mostly at large picnics and other family and friend gatherings. Ursula says this recipe is made as an extra topping on hot dogs and hamburgers, but states people enjoyed it so much they would dip breads and other things in it. It could also be tried over noodles! So check this recipe out for a little extra pizzazz on traditional summer meals!

~ Amanda Thousand

Cut meats and veggies as desired. Cook the meats with the onions together until done, drain fat, add tomatoes along with seasonings to your liking. Continue to cook through then use for topping for hamburgers and hot dogs.

Around Aaron Manor

UPCOMING EVENTS

BIRTHDAY PARTY
POKENO
COCKTAIL HOUR



Corporate Compliance Corner

HIPAA Security Breach Notification Rules require immediate action. This rule requires the confidentiality and security of an individual's "protected health information" or "PHI". The Health Information Technology for Economic and Clinical Health Act ("Act"), that was enacted earlier in the year introduced significant changes to HIPAA privacy and security, including new notification requirements that may apply in the event PHI is compromised. This is an enormous task, one that we take seriously and strive to be successful at. We have folded this "Act" into our Corporate Compliance Plan and have added a policy to guard against such occurrences.



AARON MANOR

REHABILITATION & CONTINUING
CARE CENTER

100 Saint Camillus Way
Fairport, NY 14450
Phone: (585) 377-4000
Main Fax: (585) 377-0013
Admissions Fax: (585) 377-0054
www.Aaronmanor.com

If you are interested in receiving this newsletter via email or U.S. mail please contact Sara Treadwell @ (585) 388-4416 streadwell@aaromanor.com