



AARON MANOR Family Matters

Winter '07
Volume 1 Issue 1

UPCOMING EVENTS



Music Madness

Come and listen to the contemporary piano music of **Dick Leshorn** and the Country Western beat of the **Lorrie Jane Band!**

February B-Day Party

Each month Aaron Manor holds a party for all those who are celebrating a birthday. We enjoy punch and (of course) cake!

Irish Dancers

On Presidents Day we will be visited by traditional Irish Dancers from a local studio.

Sweets For All

We will be holding a Valentines Day Party with sweets for all! Feel free to enjoy us on this special day!

For date & time info see the recreation calendar

WELCOME to AARON MANOR FAMILY MATTERS.

As the administrator of Aaron Manor I am very pleased to introduce the first addition of our newsletter Family Matters. We understand that there is nothing more valuable than family and we take our role as care givers very seriously. Family Matters will provide you a unique look into Aaron Manor on a quarterly basis. We hope you enjoy our first edition!

~ Joseph B. Dilal, III, Administrator

Physical, Occupational, and Speech Therapists are here to meet your needs.

The inpatient rehabilitation program at Aaron Manor offers a comprehensive and in depth array of services to patients in need of short term rehabilitative care. The highly experienced team of physical, occupational, and speech therapists, assess patients' needs and develop an appropriate mix and level of services to get patients back home as soon as possible.

The program treats people who suffer from acute, chronic illnesses or injuries, as well as those recuperating from surgery. Our therapy program is a comprehensive goal-oriented program designed to promote the greatest level of independence. We combine a warm and caring environment

with a therapy program that will rebuild strength and capabilities a person may need to return to their highest level of independence. Our ability to care for patients at different stages of their rehabilitation process makes Aaron Manor an ideal option for individuals either beginning or continuing their rehabilitation treatment.

~ Bonnie Kompare, Occupational Therapist



AARON MANOR
REHABILITATION &
CONTINUING
CARE CENTER
"A Center of Excellence"



NUTRITION NOOK



Family Dining at Aaron Manor ~

Family members may purchase a meal and dine with their loved one. Meals cost \$5.00 per person and you may select to dine in either a unit Sun Room or the Family Dining Room. Please make reservations at least 1 day in advance and check in with reception.

~ Andrea Ognibene, Director of Food & Nutrition Services

Tis' the Season

Families are asked to check resident's clothing frequently, but at least spring and fall, discarding items that are too worn to be used as well as taking items home that are out of season.



Any new items that are brought in should be brought to the Admissions Parlor (located next to the gift shop). A clothing label request should be completed with name, room and a description of each item. This form is located in the armoire in the Admissions Parlor. This form should be placed in the bag with clothes. Then place bag of clothing in the armoire. We will label the clothes and deliver them to the appropriate room.



~ Harold Poole,
Hospitality Director

Christmas Open House 2006



Thanks for celebrating the holidays with us!

Everyone has a story to tell...

A Look at a Life: Jerome Osadnick

Jerry was born August 17th, 1921 in the South side of Chicago Illinois. His father was a butcher and earned the family living in that matter. When Jerry was old enough to turn the crank, he became his father's meat grinder, for making sausages.

In the Marquette Grade School after the 5th year summer vacation subsided a new student entered and was seated across the aisle from Jerry. Peggy French was her name and later she became Mrs. Osadnick.

Upon graduating from Lindblom High School his family's financial situation became more acute and rather than having the benefits of a college education he needed to search for a job. He acquired a job with the Acme Steel Company as a lift truck operator and worked with great pride.

An older companion of Jerry's had recently taken his flight exam and received his pilots license. He yielded to Jerry's anxious pleas to be taken up as a passenger in his Piper Cub. It was then that Jerry discovered, after only one minute in the plane, that flying was a very thrilling thing.

December 7th, 1943 the Japanese bombed Pearl Harbor and Jerry, as many others, were extremely interested in driving the invaders away. It took a great deal of coaxing to persuade his father to agree to sign an age waiver to allow him to enlist in the United States Air Force. His application was readily accepted and he was sent to Douglas Georgia for flight training with the Stearman bi-plane.

After basic training a very stringent program both physically and academically flowed.



Upon completion he was offered the choice of seeking single or multiple engine training programs. He chose the multiple engine course as the Boeing B17 bomber, requiring a ten man crew, had recently been approved for our defense program. After several months of training he was transferred to the 390th bomb group in Framlingham England.

New crews, in most cases, were added to the position of "Tail end Charlie." As time went by and successful missions were flown his crew moved up to more desirable positions in the squadron and finally took the lead position with Jerry as Captain. "Sitting Pretty" was the planes name. He was offered the position of Major but declined. It was time to return to his wife to be, Peggy French.

After leaving the service Jerry moved to Connecticut and worked for the Witco Company. He and his wife had two sons.

One of his great accomplishments is the 390th museum in Tucson, Arizona. This museum is one of a kind and it is dedicated to the 390th Bomb Group. The museum features a fully restored B-17 Bomber and numerous other memorial objects.

He and Peggy moved to Fairport ten years ago to be near their son John and his family.

We at Aaron Manor have had the privilege of knowing Jerry since July of 2006.

~ Beverly Snyder, Activities Director

The S.W.A.T. Team

Everyone has heard the Wednesday morning page for "all interested parties to attend the SWAT Team meeting" over the PA system. So what exactly is it?



L. Cerri, J. Naetzer, M. Seger, R. LaRussa, M. Ciocca, & B. Lyle are ready to hit the halls as The SWAT Team!

S.W.A.T. = Skin & Wound Assessment Team

We are a multidisciplinary team with a medical component (Physicians Assistant or Nurse Practitioner), nursing, dietary, staff who meet weekly to assess wounds, post surgical wounds, & skin tears. We look at each individual resident on the rounds and tailor a skin treatment regimen to assist in the healing process. The resident generally is seen weekly until the wound is healed. ~ Randi LaRussa, Physician's Assistant

INSIDE AARON MANOR: Robert VonBuskirk, Director of Nursing



I was born in California and joined the Army when I was 18. I have been married for over 30 years to my wife Linda. We have two children, Stephanie and Nathan. The exciting news is that I recently became a GRANDFATHER! My wife is from Rochester and that is the only reason why I live here! I'm not a winter person. I went to nursing school in Augusta, Georgia, working in a large teaching hospital as a nursing assistant. I knew from working there that I had joined the right profession!

While I was growing up, my mother worked as a nurse. She always impressed me as I watched her go off to work each day, dressed in her starched white uniform. I knew that she helped people, and I looked at her and wondered... but decided that I wanted to be a policeman instead! Nursing was not for me! It was a girls' profession! After serving 6 years in the Army, I knew I needed to be in a profession where I could help others. That is when I knew that being a policeman was not what I wanted; I knew I could help people as a nurse.

I have worked in many areas. I have worked with children at a Pediatric Hospital, worked in an Emergency Room, and an Intensive Care Unit. I spent a long time as a Community Health Nurse, working with people who had Tuberculosis.

After years of doing other things, I had the opportunity to be a nurse manager at Monroe Community Hospital. From that time on, I was hooked. I spent over 5 years as a nursing manager and then became the Assistant Director of Nursing. When the opportunity came open, I moved to Aaron Manor as the Director of Nursing.

Though I never thought I would ever work in Long Term Care, it has a special place in my heart now. I enjoy coming to work and seeing all of the residents and the staff that work here. The smiles that greet me when I come in the door, or to the units, let me know that I am in the right place. Each of the residents here are special. Each has a story to tell. I enjoy the time that I can just sit and talk with the residents. Now, I cannot imagine doing anything else.

~ Robert VonBuskirk, DON

Tips from the Top

Hypothermia is a reduction in the normal core body temperature of 98.6 degrees Fahrenheit. It may be caused by being unprotected in the cold weather.

The elderly are at risk for hypothermia without being exposed to very cold conditions. Therefore, it is very important to make sure they are properly dressed and covered during appointments during the cold months.

Hypothermia can affect the thinking process, coordination, the proper function of the vital organs and can lead to the heart stopping.

It may be difficult to identify confusion due to hypothermia with many of our already confused older adults. Therefore, be watchful when they return from an outside visit on a cold day.

We should also be watchful of our elderly neighbors. They may not realize they are becoming cold due to a limit in their body functions and their mental status. It can become deadly!

~ Dr. Rocco Vivenzio, MD

Above information taken from "Hypothermia: A hazard for all seasons", by Mary Patricia Day, RN, CRNA, MSN. www.nursing2006.com

Exercise: Just Do It!

At Aaron Manor we know how important exercise is for our bodies. That is why we offer exercise programs daily! We enjoy getting our bodies moving and ready for the day. We also have groups come in from the community to help us get be active. A Moving Experience from the ARC of Monroe County is a dance troupe that comes twice a month to dance with us. The dancers have a great energy and we have formed wonderful friendships with them!



Susan Ware, Director of A Moving Experience dance troupe gets residents up and moving!



AARON MANOR RECREATION CALENDAR FEBRUARY 2007



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 9:30 MEET & GREET 10:00 EXERCISE 10:30 FEB. TRIVIA 2:30 FEB. B-DAY PARTY 4:00 GAMES	2 9:30 MEET & GREET 10:00 EXERCISE 10:30 JAZZ & JUICE 2:30 GROUNDHOG RACES 4:00 CARDS	3 10:00 MEET & GREET 10:30 EXERCISE 2:00 MOVIE 2:00 CHURCH
4 10:00 MEET & GREET 11:00 CHURCH 2:00 MUNCHIE BINGO	5 9:30 MEET & GREET 10:00 EXERCISE 10:30 ROSARY 2:30 VALENTINE CARDS 4:00 CARDS	6 9:30 MEET & GREET 10:00 EXERCISE 10:30 SPELLING BEE 2:30 CRAFTS 4:00 TRIVIA 7:00 BIBLE STUDY	7 9:30 MEET & GREET 10:00 EXERCISE 10:30 NEWS CURRENTS 2:30 BAKING 4:00 MUSIC	8 9:30 EXERCISE 10:00 STORY HOUR 2:30 DICK LESCHORN AT THE PIANO 4:00 CARDS	9 9:30 MEET & GREET 10:00 GENERATIONS DAY CARE 2:30 BINGO 4:00 CARDS	10 10:00 MEET & GREET 10:30 EXERCISE 2:00 MOVIE
11 10:00 MEET & GREET 11:00 CHURCH 2:00 MUNCHIE BINGO	12 9:30 EXERCISE 10:00 DANCE CONNECTION 2:30 RECREATION MEETING 4:00 CARDS	13 9:30 MEET & GREET 10:00 EXERCISE 10:30 ROSARY 2:30 BAKING 4:00 TRIVIA 7:00 BIBLE STUDY	14 <u>VALENTINES DAY</u> 9:30 MEET & GREET 10:00 EXERCISE 10:30 ROSARY 10:30 NEWS CURRENTS 2:30 VALENTINE PARTY 4:00 MUSIC	15 9:30 MEET & GREET 10:00 EXERCISE 11:00 EUCHARISTIC SERVICE 2:30 BINGO 4:00 GAMES	16 9:30 MEET & GREET 10:00 EXERCISE 10:30 JAZZ & JUICE 2:30 HUMOR ME 4:00 CARDS	17 10:00 MEET & GREET 10:30 EXERCISE 2:00 MOVIE 2:00 CHURCH
18 10:00 MEET & GREET 11:00 CHURCH 2:00 MUNCHIE BINGO	19 9:30 MEET & GREET 10:00 EXERCISE 10:30 ROSARY 2:30 RESIDENT COUNCIL 4:00 CARDS 7:00 IRISH DANCERS	20 <u>PRESIDENTS DAY</u> 9:30 MEET & GREET 10:00 EXERCISE 10:30 ROSARY 10:30 PRESIDENT TRIVIA 2:30 CRAFTS 4:00 TRIVIA 7:00 BIBLE STUDY	21 9:30 MEET & GREET 10:00 EXERCISE 10:30 NEWS CURRENTS 3:30 WOODWORKING W/ LARRY	22 9:30 EXERCISE 10:00 STORY HOUR 2:30 COCKTAIL HOUR 4:00 GAMES	23 9:30 MEET & GREET 10:00 GENERATIONS DAY CARE 2:30 BINGO 4:00 CARDS	24 10:00 MEET & GREET 10:30 EXERCISE 2:00 MOVIE
25 10:00 MEET & GREET 11:00 CHURCH 2:00 MUNCHIE BINGO	26 9:30 EXERCISE 10:00 DANCE CONNECTION 2:30 MAKE YOUR OWN FLOAT 4:00 CARDS	27 9:30 MEET & GREET 10:00 EXERCISE 10:30 ROSARY 2:30 CRAFTS 4:00 TRIVIA 7:00 BIBLE STUDY	28 9:30 MEET & GREET 10:00 EXERCISE 10:30 NEWS CURRENTS 2:30 LORRIE JANE BAND 4:00 MUSIC	ALL ACTIVITIES SUBJECT TO CHANGE		

AARON MANOR

REHABILITATION & CONTINUING
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